

**“Two Years in Confinement”, 1-7 September 2022**

**An art exhibition by Randa Saab**

Halpern Gallery, Nucleus Arts Centre  
272 High Street, Chatham, Kent, United Kingdom

19/7/2022

**The Halpern Gallery, Nucleus Arts** has the pleasure of inviting you to the private viewing of the first solo art exhibition by **Randa Saab, “Two Years in Confinement” on 1st September 2022, from 5pm to 7pm.** The display will continue **until the 7th of September.** Opening hours: **10am-4pm** (Closed on Sunday).

The exhibition is about coping with stress.

Over the past two years, people all over the world have been trying to cope with political and economic instability, wars, and refugee crises. Covid and related social distancing and isolation have also been global dilemmas. The exhibition paintings, and from the artist’s perspective, reveal the stresses and how to gently cope with them as well as with personal stress such as illness.

This is Randa Saab’s first solo exhibition. The collection has been developed in the UK over a period of two years between July 2020 and June 2022. More than 40 works have a range of styles and mediums. The works include portraits, landscape, weaving, and glass painting. The exhibition is presented as a sequential journey in time, events, and emotion.

Full details are in the following e-catalogue:

[https://issuu.com/randasaabart/docs/online\\_catalogue.pptx](https://issuu.com/randasaabart/docs/online_catalogue.pptx)

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**About the artist** email: [randasaabart@outlook.com](mailto:randasaabart@outlook.com), mobile: 07739035031

Randa Saab is a British Lebanese artist living in Rochester, Kent.

She holds an MBA degree from the American University of Beirut and has held managerial posts at international organizations in the aviation, hospitality, journalism, and publishing industries. She lived and worked in Lebanon, The United Arab Emirates, Saudi Arabia, and presently living and practicing Art in the United Kingdom.

In 2016, she wanted to pursue her interest in Arts and Humanities by joining the University of Kent Access program through Brompton Academy. Then she studied for a BA in Fine Arts at The Lebanese University in Beirut, graduated in 2020.

Randa participated in many group exhibitions in Lebanon and the UK. Exhibitions in the UK include those held at the Brook Theatre and at Halpern gallery in Chatham, individually or as a member of Rochester and West Kent art society, as well as at the University of Kent as part of the Access program.

**About the Halpern gallery, Nucleus Arts** email: [original@nucleusarts.co.uk](mailto:original@nucleusarts.co.uk), Tel: 01634812108

The Halpern Charitable Foundation exists to inspire and transform the lives of the broad and diverse audiences of people and communities in Medway and Kent.

The Halpern Charitable Foundation was founded in 2002, achieving charitable status in March 2003. It provides affordable space for artists to work and exhibit in Medway and helps break down the barriers some of the public felt in accessing contemporary arts.

The studios at the Nucleus Arts Centre & Creative Riverside Hub offer such sanctuary at the most affordable rates in the area.

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